

Northern Ontario Hockey Association

110 Lakeshore Drive
North Bay, ON, P1A 2A8
705-474-8851
www.noha-hockey.ca



2024-2025 NOHA Minimum Suspension List – Minor Hockey

The following are minimum suspensions that shall be imposed for infractions, which occur in all OHF exhibition, league, and play-off games, during the current playing season for Minor Hockey. Note that these suspensions are over and above any imposed by Hockey Canada rules.

Notice re: Clarifications

- These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstance warrant.
- It is the responsibility of each team manager and/or coach to ensure their players sit out their appropriate suspensions. When in doubt as to the relevant suspension, contact the association/league office. If unable to contact the association/league office, sit player(s) in question out until clarification can be obtained. These suspensions are in addition to game incurred.
- Match Penalty reports will be forwarded to the appropriate Member for further review.
- A participant who is suspended while playing in an out of OHF jurisdiction event (i.e. USA or out of Member) must serve that governing bodies suspension or portion thereof in the participant teams remaining games in that event even if for a greater number of games than under the OHF Minimum Suspension List.

Upon returning to the OHF, a team will report any suspension received outside of the OHF jurisdiction and the affected Player/Team Official will not be eligible to participate until the report has been received by the Member and the Member rules on the Player/Team Official's eligibility based upon the OHF Minimum Suspension List.

M = Misconduct GM = Game Misconduct GE = Game Ejection MP = Match Penalty GRM = Gross Misconduct AS = Accumulation Sanction

Misconducts	Rule/Code	Suspension
Failure to go to the Player's Bench or Neutral Area	7.10 (d)	n/a
Throwing Stick Over Boards	10.5 (d)	n/a
Illegal Equipment	10.6 (d)	n/a
Unsportsmanlike Conduct	11.1 (d) i	n/a
Interference/Distracton During Penalty Shot	11.1 (d) ii	n/a
Intentionally Knocks or Shoots Puck Out of Reach of an Official	11.1 (d) iii	n/a
Failure to go directly to Penalty Bench	11.1 (d) iv	n/a
Entering Referee's Crease	11.1 (d) v	n/a
Disrespectful and Abusive Behaviour (includes Inciting)	11.2 (d)	n/a

Game Misconducts	Rule / Code	Suspension
Second Misconduct – Same Game	4.7 (c)	1 Game
Game Ejections	4.8 (b)	0 Games
2 nd Fight, Same stoppage of play (3 rd , 4 th , etc.)	7.10 (e) iii	3 Games
Player(s) 3 rd , 4 th , 5 th Player into Fight	7.10 (e) ii	3 Games
Checking from Behind (Minor + Game Misconduct)	7.5 (a)	1 Game
Holding Injury (Major + Game Misconduct)	8.1 (b)	1 Game
Hooking Injury (Major + Game Misconduct)	8.2 (b)	1 Game
Interference from the Bench (Bench Minor + Game Misconduct, if identifiable)	8.4 (a)	1 Game
Tripping Injury (Major + Game Misconduct)	8.6 (b)	1 Game
Bench Official on the Ice Without Permission of Official	10.4 (a)	1 Game
Leaving the Players bench or Penalty Box	10.4 (e) i	4 Games
Leaving the Players bench or Penalty Box and incurring subsequent penalty	10.4 (e) ii	5 Games
Leaving the Bench without Clearance from the Referee (Assessed to coach if altercation results in penalties at end of any period)	10.4 (e)	2 Games
¹ Coach whose player is penalized under 10.4 (e)	10.4 (e)	4 Games
Refusing to Start Play (Coach – Major + Game Misconduct) - Coach refusing to start play and then returns to the bench and the game resumes	10.8 (b) i	4 Games
Refusing to Start Play (Coach – Major + Game Misconduct) - Coach does not return, and the game is suspended	10.8 (b) i	Indefinite*
Refusing to Leave the Players Bench (Major + Game Misconduct)	10.8 (b) ii	1 Game

¹ 10.4 (e) – Coaches' penalty will be noted on the front and back of the game sheet of the Officials' copy only. Penalty to coach is automatic as a result of player receiving 10.4 (e), coach not to be ejected as a result of this penalty being assessed.

*All Indefinite Suspensions are subject pending a hearing.



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Player Accumulation Sanctions		Offense Count				
Accumulation Sanctions apply for any collective accumulation of the below MAJORS in the same season		Rule/Code	1st MAJOR	2nd MAJOR	3rd MAJOR	4th MAJOR
Attempt to Injure or Deliberate Injury <i>Note: Grabbing - hair, facial protector, chin strap, or throat protector</i>	7.1 (b)	2 Games				
Boarding (Major + Game Misconduct)	7.2 (b)					
Body Checking (Major + Game Misconduct)	7.3 (b)					
Charging (Major + Game Misconduct)	7.4 (b)					
Checking from Behind (Major + Game Misconduct)	7.5 (b)	3 games				
Head Contact (Major + Game Misconduct)	7.6 (b)					
Kneeing (Major + Game Misconduct)	7.8 (b)	2 games	4 Games	6 Games	Indefinite*	
Roughing (Major + Game Misconduct)	7.9 (b)					
Interference (Major + Game Misconduct)	8.3 (b)					
Interference from the Bench (Major + Game Misconduct)	8.4 (b)					
Interference with the Goaltender (Major + Game Misconduct)	8.5 (b)					
Clipping (Major + Game Misconduct)	8.7 (b)					
Cross Checking (Major + Game Misconduct)	9.2 (b)					
Slashing (Major + Game Misconduct)	9.3 (b)					
Throwing or Shooting Stick or Object	10.5 (b)					

*All Indefinite Suspensions are subject to a hearing.

Coaches Accumulation Sanctions	Suspension
Any team receiving a combination equaling 3 x 5 minute penalties in the same game from a major penalty, match penalty or fighting infractions	1 Game
For a 2nd violation of a team receiving a combination equaling 3 x 5 minute penalties in the same game from a major penalty, match penalty or fighting infractions	3 Games
For a 3rd violation of a team receiving a combination equaling 3 x 5 minute penalties in the same game from a major penalty, match penalty or fighting infractions	Indefinite*

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Match Penalties	Rule / Code	Offense Count		
		1st MATCH	2nd MATCH	3rd MATCH
Attempt to Injure or Deliberate Injury <i>Note: May include but not limited to head-butting, hair pulling, grabbing face mask, and kicking</i>	7.1 (c)	—	—	—
Boarding	7.2 (c)	4 Games	Minimum + 2 Games	Indefinite±
Body Checking	7.3 (c)			
Charging	7.4 (c)			
Kneeing	7.8 (c)			
Roughing	7.9 (c)			
Fighting – Ring or Tape on Hand(s)	7.10 (c)			
Interference	8.3 (c)			
Interference from the Bench	8.4 (c)			
Interference with the Goaltender	8.5 (c)			
Clipping	8.7 (c)			
Slew Footing	8.8 (c)			
Butt Ending	9.1 (c)			
Cross-Checking	9.2 (c)			
Slashing	9.3 (c)			
Spearing	9.4 (c)	5 Games	Minimum + 4 Games	
Throwing or Shooting Stick or Object	10.5 (c)			
Checking from Behind	7.5 (c)			
Head Contact	7.6 (c)			

± All Indefinite Suspensions are subject to a hearing. The Member may establish a set number of games that may not be lower than 5 games.

Gross Misconducts	Rule / Code	Suspension
Head-butting (minimal degree of violence)	7.1 (f)	Indefinite**
Fighting with Team Official	7.10 (f)	Indefinite**
Interference from bench (Team Official)	8.4 (f)	Indefinite**
Disrupts game after having been removed	10.4 (f)	Indefinite**
Illegal Equipment	10.6 (f) i	Indefinite**
Refusing to remove helmet or facial protector for identification	10.6 (f) ii	Indefinite**
Removing Helmet and/or Chinstrap	10.6 (f) iii / iv	Indefinite**

** All Indefinite Suspensions are subject to a hearing. The minimum number of games is set at 4 games.

Pre or Post Game Altercations	Suspension
Any player involved where Major and Game Misconducts are assessed	3 Games
Coach of team whose players are so penalized	Indefinite*
Any team involved in a pre or post game brawl	Indefinite*

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Fighting	H.C. Rule	Offense Count			
		1st	2nd	3rd	4th
Fighting	7.10 (b)	2 Games	3 Games	5 Games	Indefinite*
*All Indefinite Suspensions are subject pending a hearing.					

Instigator / Aggressor	H.C. Rule	Offense Count		
		1st	2nd	3rd
Instigator / Aggressor of a fight	7.11 (a)	1 Game	3 Games	Indefinite*
The Coach of team whose player is penalized for a third offence or Instigator or Aggressor	n/a	3 games	n/a	n/a
Rule 7.11 (a) Note: If a player is assessed both penalties in the same altercation, they would receive a suspension for each offence. *All Indefinite Suspensions are subject pending a hearing. The minimum number of games is set at 4 games.				

Rule 11 – Maltreatment	Type	Rule / Code	Offense Count		
			1st	2nd	3rd
Unsportsmanlike Conduct	Game Misconduct	11.1 (e)	2 Games	Minimum +4 Games	Indefinite**
Disrespectful and Abusive Behaviour		11.2 (e)	3 Games		
Physical Harassment of Officials	Game Misconduct	11.5 (e)	3 Games	Indefinite**	Indefinite**
Disrespectful and Abusive Behaviour	GRM	11.2 (f)	5 Games	Indefinite**	Indefinite**
Spitting	Match	11.3 (c)	5 Games	Indefinite**	Indefinite**
Discrimination	GRM	11.4	Indefinite**	Indefinite**	Indefinite**
Physical Harassment of an Official	Match	11.5 (c)	Indefinite**	Indefinite**	Indefinite**
** All Indefinite Suspensions are subject to a hearing. The minimum number of games is set at 5 games.					



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