



NCHA

- The NCHA collects money through association player fees, used for player and coach development.
- Each team will receive a budget of **\$50 per rostered player**, to spend as they like, following Player Development Chair, **Corey Crane**, approval.
- The team must organize and pay the instructor.
- Supply the information to **Corey Crane** (coreycrane1316@gmail.com) and **Mary Ellen** (mary_ellen.parks@nickelcityhockey.ca), the association will credit back the team.
- Teams may select from the list below of potential alternatives. **NOTE:** not all alternatives are applicable for the Player Development Refund! (**Goalie Training is not applicable and is for information only!**)
- **Coaches are required to have a Player Development Plan submitted by November 1st. Form is attached to fill out**
- NCHA has partnered with RHP on a goalie training program. **Free** to NCHA goalies, held at the RHP Training Centre; Sunday evenings for up to 9 goalies per 1 hour session, for 3 sessions each Sunday, with a 3:1 ratio of goalies to instructors.

NOTE: Reimbursed process as follows:

- Ensure the money you spend is compliant with the instructions in this document.
- Supply an invoice (proof of payment) to Corey Crane coreycrane1316gmail.com and Mary Ellen mary_ellen.parks@nickelcityhockey.ca for each individual player development session including - Date, Time, Cost and the Name of the Instructor.
- Mary Ellen will typically credit your individual team ice bill.



Player Development Options

RHP

Packages are \$850 each

PACKAGE #1

- 3 One Hour Ice Rentals
- 3 One Hour Team Blade Treadmill Sessions (5 Players/Session)
- 1 One Hour Team Dryland Session
- 1 Half Hour 2:1 Goaltending Private Session

PACKAGE #2

- 3 One Hour Ice Rentals including 1 RHP staff member at each ice rental
- 3 One Hour Team Blade Treadmill Sessions (5 Players/Session)
- 1 Half Hour 2:1 Goaltending Private Session

PACKAGE #3

- 4 One Hour Ice Rentals
- 3 One Hour Team Blade Treadmill Sessions (5 Players/Session)
- 1 Half Hour 2:1 Goaltending Private Session

The above predetermined packages are available for selection and organized through RHP. If for some reason you prefer **EXTRA** Player Development or use RHP for specific individual sessions along with other Player Development options, then RHP would be more than willing to work with the team for pricing and scheduling.

RHP also offers:

Player Program (passing, shooting, stick handling)

- *Instruction and Ice Rental at RHP Training Centre*

Complete Skating Program (skating)

- *Instruction and or Ice Rental at RHP Training Centre*
- *Blade Skating Treadmill*

Seminars

- Nutrition Seminar
- Sports Psychology Session
- Athletic Therapy Session
- Concussion Session



Body Checking

- Larry Bedard, \$125 per 1.5 hour
cell # 705-561-9710, home # 705-673-2782, email: larrybedard11@sympatico.ca

On Ice Help (Specific to Team Request)

- Player Development options include but are not limited to the following list.
If you have other sources, please apply to the development committee chair for approval, prior to bringing them out.

Rod Mackenzie

- \$125 per 1.5 hour, cell # 705-919-6662, email:

Larry Bedard

- \$125 per 1.5 hour, cell # 705-561-9710, home # 705-673-2782, email:
larrybedard11@sympatico.ca

Trevor Blanchard

- \$125 per 1.5 hour, cell # 705-562-9561, email: trev_blanchard@hotmail.com

Jason Young

- \$125 per 1.5 hour, cell # 705-562-1622, email: jcmkryoung@hotmail.com



Note: *The following is a list of potential alternative instruction, if you plan on using other instructors please ensure that they have certification. No certification will result in no reimbursement of player development fund.*

Dryland

- Troy Beauregard, 705-507-9118
- Rick Kilganon, 705-662-8103
- The Basement, John Hillier, 705-586-3443

Goalie Coaches (your own practice ice)

Cannot use Player Development Money

- Bruce McDougall, 705-699-3278 (available for private also)
- Brock McGillis, 705-690-8545 (available for private also)
- Wayne Drabik, 705-562-9522
- Chris McDougall, 519-222 4077

RHP

- *Instruction at Nickel City Hockey Association practices:*
- *Instruction at RHP Training Centre*
- *Goalie Semi-Privates at RHP Training Centre*